

Auriculotherapy

Auriculotherapy is a highly developed system of diagnosing and treating disharmonies anywhere in the body by expertly examining the ear, by which the practitioner can accurately determine symptoms as well as the root cause of disease and disharmony. There are over 200 documented points on the ear corresponding to different parts of the body. Specific points on the outer ear, or auricle, are stimulated with an electric pulse, a blunt probe, finger pressure, seed or magnet treatment to provide relief from a wide range of conditions. It is simple, safe, effective, painless and the skin is not punctured.

Auricular therapy is an important component of Chinese acupuncture and moxibustion.

ORIGIN of Auricular Therapy

In a word, Auricular Therapy originated in China. It has undergone two thousand years of practice and developments. This valuable and rich experience in auricular therapy has created a solid foundation for the system of auricular diagnosis and treatment.

How Appropriate Ear Points are Selected?

A Licensed Acupuncturist selects points according to:

1. The corresponding body parts where there is pain or pathology.
2. Reactive Ear points that are tender to palpation.
3. Basic theory of Traditional Chinese Medicine.
4. Western Medical Diagnosis
5. Known therapeutic benefits of a particular point.
6. Empirical evidence and results of experiments.

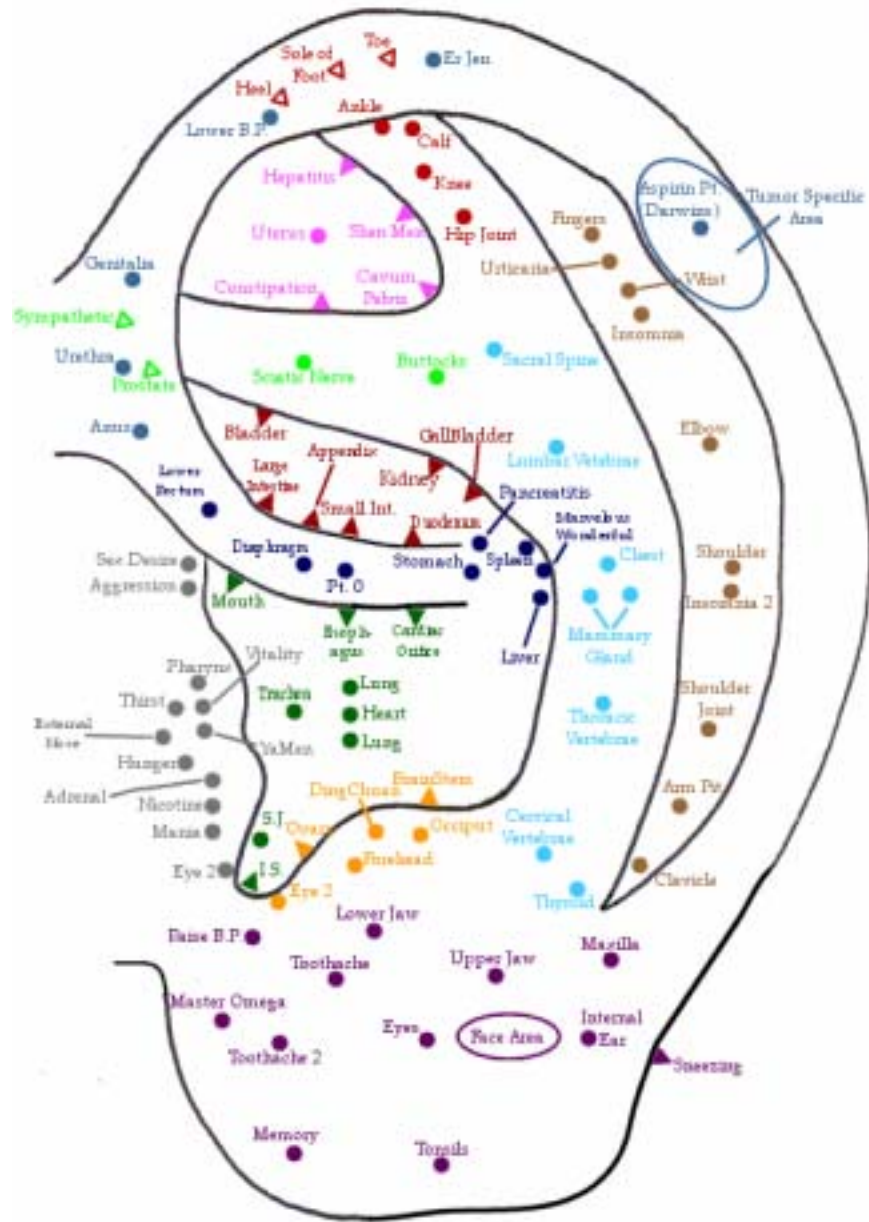


Percentage of Effectiveness of Auriculotherapy in Selected Conditions.

Acne	95%
Acute Conjunctivitis	90%
Acute Gastroenteritis	90%
Acute Laryngopharyngitis	93%
Acute Alcoholism	80%
Allergic Rhinitis	95%
All Pains	90%
Amenorrhea	95%
Arrhythmia	90%
Angina	80%
Auditory	90%
Blurred Vision	75%
Bronchitis	85%
Carpal Tunnel Syndrome	80%
Cardiovascular Neuralgia	90%
Cervical Spondylopathy	85%
Chest Pain	90%
Cholecystitis and Infection of Biliary Tract	90%
Chronic Laryngopharyngitis	90%
Chronic Pancreatitis	80%
Common Cold	90%
Constipation	85%
Cystitis	90%
Diarrhea	85%
Drug Addictions	75%
Dysfunctional Uterine Bleeding	90%
Disturbed Function of Autonomic Nerve	85%
Dream Disturbed Sleep	90%
Dysmenorrhea	95%
Depression	90%
Dizziness	85%
Edema	80%

Endocrine Function Disorder	82%
Enuresis	92%
Esophagitis	98%
Frequent Micturition	90%
Gastritis	92%
Gastric Ulcer and Duodenal Ulcer	85%
Globus Hysterics	95%
Hemorrhoid	90%
Headache	90%
Heel Pain	90%
Herpes Zoster	95%
Hypertension	75%
Hypotension	85%
Impaired Hearing	85%
Lumbar Muscle Strain	90%
Menstrual Disorder (Menoxenia)	95%
Neurasthenia	94%
Pelvic Inflammation	90%
Periarthritis of Shoulder	90%
Periodontics	95%
Prostatitis	90%
Pulseless Disease	95%
Raynaud's Disease	80%
Sciatic Neuralgia	90%
Smoking Withdrawal	91%
Strained Neck (Torticollis)	95%
Temporomandibular Joint Syndrome	90%
Tennis Elbow	90%
Tinnitus	85%
Thromboangiitis Obliterans	85%
Tonsillitis	95%
Trigeminal Neuralgia	90%

Auriculotherapy Ear Points



HARMONY CENTRE OF INTEGRATIVE MEDICINE

1127 East High St. Back Bldg.
Springfield OH 45505
937-327-9233

115 Brookside Drive
Yellow Springs, OH 45387
937-767-2951

email: mrami@juno.com www.harmonycentre.org

☯ *"Alternative Medicine Healing the Whole Person"* ☯

Sources: Oleson, T. *Auriculotherapy Manual: Chinese and Western Systems of Ear Acupuncture*. Los Angeles: Health Care Alternatives, 1996
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